



VitaLink Grow Guide

Here is a VitaLink Grow Guide, which has been developed by Aquaculture to help you get the most out of your chosen VitaLink nutrient and/or VitaLink 'Add-It' growth enhancer(s). The tables simply show you how much nutrient/enhancer you need to use and when. The nutrient table also shows the CF level your nutrient solution should be for maximum plant results.

Vita Link Nutrient Range	Plant Start	Easy Grow	Easy Bloom	Max Grow	Max Bloom	Coir Grow	Coir Bloom	Earth Grow	Earth Bloom
Propagation Stage 1 – Pre-soaking plugs	3-4 ml/L								
	CF-6-8								
Propagation Stage 2 – Rooted cuttings/ seedlings	6-8 ml/L								
	CF 12-16								
Vegetative Stage 1 – Duration - 1-2 weeks Establishment period		2-4 ml/L		1-2ml/L		3-5ml/L		2-3ml/L	
		CF 5-10		CF 5-10		CF 7-12		CF 6-10	
Vegetative Stage 2 – Duration – 1-2 weeks Aggressive growth		6-8 ml/L		3-4ml/L		6-8ml/L		3-4ml/L	
		CF 14-23		CF 14-23		CF 13-20		CF 10-13	
Reproductive Stage 1 – Duration – 1-2 weeks First signs of flowers			6-8 ml/L		3-4ml/L		6-8ml/L		3-4ml/L
			CF 14-23		CF 14-23		CF 13-20		CF 12-14
Reproductive Stage 2 – Duration 2 weeks Develop small flowers/fruits			6-8 ml/L		3-4ml/L		6-8ml/L		3-4ml/L
			CF 14-23		CF14-23		CF 13-20		CF 12-14
Reproductive Stage 3 – Duration 2-3 weeks Expansion in size of flowers/fruits			4-6 ml/L		2-3ml/L		4-6ml/L		2-3ml/L
			CF 10-16		CF10-16		CF 9-16		CF 8-12
Reproductive stage 4 – Duration 1-2 weeks Flowers/Fruits ripen	Flush	Flush	Flush	Flush	Flush	Flush	Flush	Flush	Flush
	Flush	Flush	Flush	Flush	Flush	Flush	Flush	Flush	Flush

Hint – Most of the VitaLink nutrients come as a 'Grow' and 'Bloom' formula. This allows you to give your plants an optimum level of the precise minerals they need at each stage of growth.



Vita Link Add-It Range	Bio-Plus	Bio-Pac	Fulvic	Foliar	Buddy	Flush
Propagation Stage 1 – Pre-soaking plugs	2 ml/L	50 ml/L	-	-	-	-
Propagation Stage 2 – Rooted cuttings/ seedlings	2 ml/L	50 ml/L	-	-	-	-
Vegetative Stage 1 – Duration - 1-2 weeks Establishment period	1 ml/10L	15ml/50L	2 ml/L*	100 ml/L	-	-
Vegetative Stage 2 – Duration – 1-2 weeks Aggressive growth	1 ml/10L	15ml/50L	2 ml/L*	100 ml/L	-	-
Reproductive Stage 1 – Duration – 1-2 weeks First signs of flowers	1 ml/10L	15ml/50L	2 ml/L*	100 ml/L	-	-
Reproductive Stage 2 – Duration 2 weeks Develop small flowers/fruit	1 ml/10L	15ml/50L	2 ml/L*	100 ml/L	-	-
Reproductive Stage 3 – Duration 2-3 weeks Expansion in size of flowers/fruit	1 ml/10L	15ml/50L	2 ml/L*	100 ml/L	1 ml/L**	-
Reproductive stage 4 – Duration 1-2 weeks Flowers/Fruit ripen	1 ml/10L	15ml/50L	2 ml/L*	100 ml/L	1 ml/L**	4 ml/L

* VitaLink Fulvic is also recommended to be used as a foliar application. Dilute 10 ml/L and apply once a week.

** When using VitaLink Coir, please use Vita Link Buddy at 5ml/10L

Note – When growing conditions are hot (<27oC) and dry (>40%RH), maintain the conductivity at the lower end of the recommendation above.

Hint – There has been a VitaLink ‘Add-It’ growth enhancer developed to boost every stage of your plants’ growth – propagation, vegetative and flowering/fruited – when used alongside your chosen VitaLink nutrient. However, if you have never used VitaLink before and are currently using another nutrient brand, we recommend trying just one of the VitaLink ‘Add-It’ growth enhancers. We are sure you will be impressed with the results VitaLink gives you that you will want to use more of the range.